

## Laura Shannon

Laura Shannon is known worldwide for her pioneering approach to traditional women's dances as tools for healing and transformation. Traditional Greek, Balkan and Armenian dances embody an ancient worldview of reverence for the earth. Blending folk dance, circle dance and dance/movement therapy, Laura's teaching rekindles this awareness and reveals the hidden wisdom encoded in the dances. With more than 30 years of experience researching and teaching, Laura is considered to be one of the 'grandmothers' of the circle dance movement. Her articles have been published in many languages, and she brings her inspiring workshops to dancers in over twenty countries.



### Links:

- [Laura Shannon](#)
- [Findhorn Sacred Dance Festival](#)
- [Dancing Across Thresholds: Laura Shannon's pioneering approach to traditional women's dances, Lesvos 2016, by Emily Jarret Hughes](#)
- [Interview with Laura Shannon about Women's Ritual Dances 2017, by Karin Gisler](#)
- [Mairam Govand: Armenian Candle Dance with Laura Shannon 2011](#)
- [Laura Shannon and students dancing with the grandmothers in Oinoi, northern Greece](#)
- [Laura Shannon Dancing the Living Goddess 2007](#)